

Category	Domain	Description	Baseline Study Year: 1985 (n = 8,498)	First Follow-up 2004-2006 (Physical measures n = 2409; Qnnrs n = 3995)	Second Follow-up 2009-2011 (Qnnrs n = 3,043)	Third Follow-up 2014, 2017-2019 (Physical measures n = 1,567) (Qnnrs n = 3,038)
			Ages 7 - 15	Ages 26 - 36	Ages 31 - 41	Ages 36 to 50
Questionnaire & self-report measures	Physical and mental health	12-item Short Form Survey (SF-12®v2)		✓	✓	✓
		CIDI		✓	✓	✓
		Other measure of wellbeing (Bradburn Affect Balance Scale)	✓ (9-15 year olds)			
	Diet	Food Frequency Survey (not child) Child - fats, cholesterol intake	✓ (10-15 year olds)	✓	✓	✓
	Lifestyle	Smoking <i>Questions differ each phase</i>	✓ (9-15 year olds)	✓	✓	✓
		Alcohol intake	✓ (9-15 year olds)	✓	✓	✓
		Sleep			✓	✓
	Medications	Medications		✓	✓	✓
	Physical Activity	IPAQ		✓	✓	✓
		Historical		✓	✓	
		Other	✓ (9-15 year olds)			
	Effort Reward	Effort Reward		✓	✓	✓
	Kessler 10	Kessler 10		✓	✓	✓
	Life Events	Life Events		✓	✓	
	Henderson/Social Support	Henderson/Social Support		✓	✓	✓
	Education	Parents' Education		✓ (retrospectively when participant aged 12)		

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	Occupation	Own Education (adult)		✓	✓	✓
		Parents' Occupations		✓ (retrospectively when participant aged 12)		
		Own occupation		✓	✓	✓
	Cardiovascular self-report	Angina		✓	✓	✓
		Heart Attack		✓	✓	✓
		Stroke		✓	✓	✓
		Diabetes		✓	✓	✓
	BMI	Height	✓	✓	✓	✓
		Weight	✓	✓		✓
	Reproductive Health	Pregnancies		✓	✓	✓
		Hormonal contraceptives		✓	✓	✓
		Menstrual history		✓	✓	✓
		Infertility		✓	✓	✓
		Breastfeeding			✓	
		Menopause				✓
Physical Assessments	BMI Anthropometry, body composition	Height	✓	✓		✓
		Weight	✓	✓		✓

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			Ages 7 - 15	Ages 26 - 36	Ages 31 - 41	Ages 36 to 50
		BMI	✓	✓		✓
		Waist circumference	✓	✓		✓
		Triceps	✓	✓		✓
		Biceps	✓	✓		✓
		Subscapular	✓	✓		✓
		Supraspinale	✓	✓		✓
		Hip	✓	✓		✓
		Abdominal	✓	✓		✓
	Spirometry	Lung function (FEV1, FVC)	✓	✓		
	Blood Pressure		✓ (9, 12,15 year olds)	✓		✓
	Bone Densitometry			✓		
	Strength and Fitness	PWC170 (workloads, heart rate, BP, recovery BP)	✓ (9, 12,15 year olds)	✓		✓
		Sit-ups	✓			
		Pushups	✓			
		1.6 km run	✓			
		Standing long jump	✓	✓		
		Grip strength - hand	✓	✓		✓

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		Shoulder extension pull, push	✓ (9,12,15 year olds)	✓		
		Leg strength (or large muscle power)	✓ (9,12,15 year olds)	✓		✓
		Pedometer 7-day record		✓		✓
	Imaging	Carotid IMT		✓		✓
		Flow-mediated dilatation		✓		
		Echocardiography		✓		✓
		ECG		✓		✓
	Baldness	Norwood baldness scale		✓		✓
	Biochemistry	HDL-C, LDL-C, total cholesterol, triglycerides	✓ (9,12,15 year olds)	✓		✓
		Insulin		✓		✓
		Fasted plasma glucose		✓		✓
		C-reactive protein		✓		✓
		e-GFR				✓
		Albumin Creatinine ratio				✓
		Metabolomics		✓		
Linked Data	Health Service Usage	MBS & PBS Data		✓	✓	✓